



2021-2022 Bedford Public Schools Daily Screening Checklist for Students and Staff

Prior to sending your child to school each day, each student and staff member must self-screen prior to coming to school each day.

COVID- 19 Symptoms list:

- Fever (100.0 degrees Fahrenheit or higher), chills, or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Cough (not due to other known cause, such as chronic cough)
- sore throat, *when in combination with other symptoms*
- Nausea, vomiting, or diarrhea *when in combination with other symptoms*
- Headache *when in combination with other symptoms*
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes such as allergies) *when in combination with other symptoms*

Close Contact

- You have been asked to self-isolate or quarantine by a medical professional or a local public health official.

If you check YES to any of these statements, please do not send your child to school and contact your school nurse.

- [A list of testing sites is available here](#)
- [3 Steps to Take While Waiting for Covid Results](#)

REFERENCES:

[DESE Information and Resources COVID-19](#)

[Mass DPH](#)